

Extreme Rafting: The Ultimate Guide to Whitewater Sports (Extreme Sports)



Extreme Rafting provides all of the necessary practicalities for anyone interested in rafting and offers detailed guides to the extraordinary natural settings that can be reached by this extreme mode of transportation. It also includes sections on canoeing, kayaking, and other popular water sports. About the Series... These authoritative volumes, devoted to today's most popular sports, are written by expert teachers and coaches, and richly illustrated with color photographs and explanatory diagrams. Designed as easy reference books-for beginner and enthusiast alike-these guides serve as springboards for experimentation. Each volume includes a history of the sport as well as technical information, including safety measures, universal signals, equipment, and maintenance; lists of schools and dedicated organizations complete with useful addresses and an extensive bibliography; international competitions, and the ultimate destinations worldwide, with accompanying geographic and climatic conditions. Written in a clear and concise manner, these books make extreme sports accessible to all thrill seekers.

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and River Sports Extreme Sports Canoeing & Kayaking The Ultimate Guide to Whitewater White Water Rafting NC Ultimate Guide to White Water Rafting NC White Water Rafting West Virginia The Ultimate Guide Vault Cargo Now in its second printing, Whitewater Kayaking: The Ultimate Guide has become the established, definitive guide on the sport. Drawing on the combined 30+ White Water Rafting The Ultimate Guide To Your River Rafting The backdeck roll is the quickest means of rolling a kayak, and if done correctly, it can be a very safe roll too. In this episode of Whitewater TV, Ken Whit. Whitewater Kayaking: The Ultimate Guide: Ken Whiting, Kevin The Ultimate Guide to Whitewater Rafting and River Camping running, and provides the technical expertise rafters need to safely participate in the sport. confidence you need to become more than a passenger on your next river adventure. . useful were the good diagrams on ferrying and other white water techniques. Free Extreme Rafting The Ultimate Guide To Whitewater Sports British Columbia White Water Rafting: Check out Viators reviews and photos of British Experience the exhilarating adventure of white-water rafting in Whistler. . This tour is the ultimate full day rafting adventure in BC, exhilarating whitewater, breath-taking scenery, and an out-going guide versed in all aspects of .