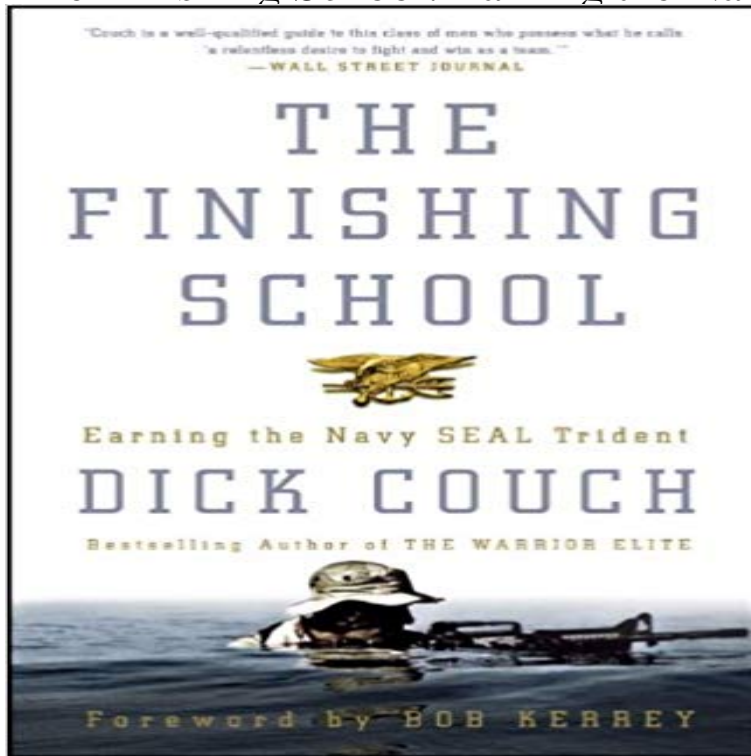


The Finishing School: Earning the Navy SEAL Trident



In America's new war, the first guns in the fight are special operations forces, including the Navy SEALs, specially trained warriors who operate with precision, swiftness, and lethal force. In the constantly shifting war on terror, SEAL units--small in number, flexible, stealthy, and efficient--are more vital than ever to America's security as they take the battle to an elusive enemy around the globe. But how are Navy SEALs made? What special training and preparation sharpen the physical skills and intangible character of a regular soldier into that of an elite warrior? In the acclaimed *Warrior Elite*, former Navy SEAL Dick Couch narrated one SEAL class's journey through BUD/S training, the brutal initial course that separates out candidates with the character and stamina necessary to begin training as Navy SEALs. In *The Finishing School*, Couch follows SEALs into the next levels of training, where they further develop their endurance and strength, but also learn the teamwork and finely honed skills they'll need to fight with the best--and win. Dick Couch spent six months living with and observing SEALs in training for operational readiness in the months leading up to the Iraqi campaign. He follows them on the ground and in the water as they undergo SEAL Tactical Training, where they master combat skills such as precision shooting, demolitions, secure communications, parachuting, diving, and first aid. From there, the men enter operational platoons, where they subordinate their individual abilities to the mission of the group and train for special operations in specific geographical environments. Never before has a civilian writer been granted such close access to the training of America's most elite military forces. *The Finishing School* is essential reading for anyone who wants to know what goes into the making of America's best warriors. From the Hardcover edition.

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