

Sports. They get our blood pumping and our hearts racing. Fans scream and cheer as their favorite athletes run, throw, pedal, dive, or swing their way to victory. But what makes an athlete successful? Why do some players excel when others fall behind? In *Why a Curveball Curves*, the experts at Popular Mechanics, along with top athletes, coaches, and sports journalists, explore the science behind sports. Fluid dynamics, biomechanics, and technology determine everything from speed in cycling to protection in football to performance measurement in all sports. This book is designed for both the player and the fan, helping athletes become better-prepared and giving enthusiasts a more complete understanding and appreciation of competition. The issues discussed range from Tiger's swing to Lance's legs, from gene doping to the physics of why a seemingly straight kick curves drastically just before its target—in other words, how to bend it like Beckham—plus so much more.

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