

A Guys Guide to Life: How to Become a Man in 224 Pages or Less is a teenage guy's handbook to becoming a man with a healthy mind, body, and soul. What does society want of teen guys? To be independent, tough, and macho? To be a sensitive, caring metrosexual? To excel in school and sports and business? The challenges are many, and we haven't even mentioned the most important-and most frightening-topic of conversation: girls. The road to manhood is a perilous one. Guys need a guidebook, one that asks and answers the questions they're reluctant to discuss. They need a book that addresses the myths of manhood with a straightforward approach teenage guys will appreciate and absorb. Author Jason Boyett understands what many fail to realize—that somewhere between the awkwardness and braggadocio, the goofiness and the developing body, there is a real person struggling to make his mark on the world.

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