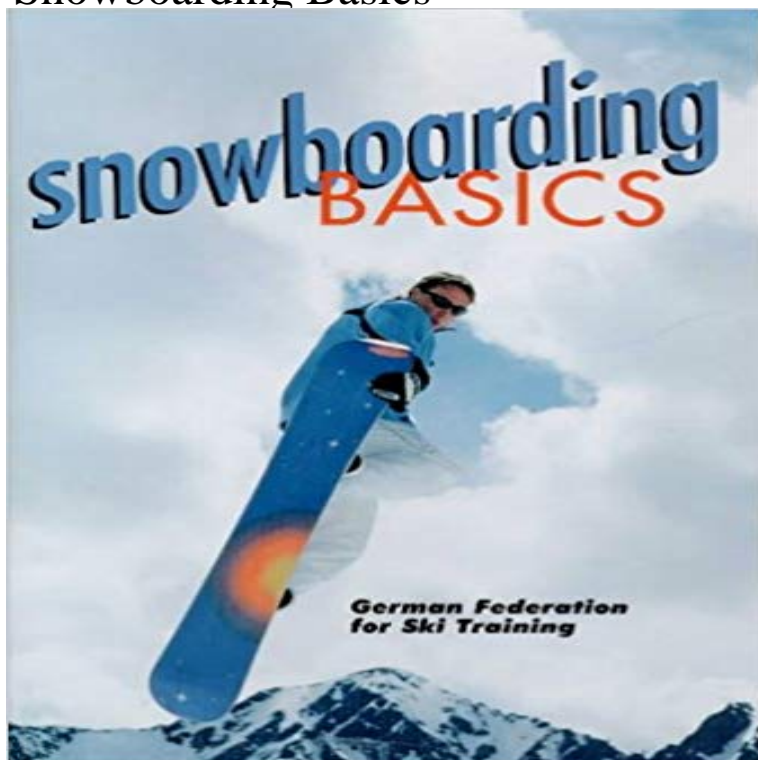


Snowboarding Basics



Get in on the fun! Its simple--with this helpful guide to the rapidly exploding sport of snowboarding. Nearly 300 full-color action photos show champions in action, along with advice on everything from selecting equipment to managing the dynamics and rhythms of the board. Practical exercises help you master height and distance, create personalized performance designs, and control a variety of mountain terrains (including steeps, chutes, and cliffs). Soon you'll be zipping down the mountain in quick, precise turns and graceful, surgically carved moves that simply are not possible on skis. 64 pages (all in color), 7 1/2 x 10 1/4.

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